

亲爱的耶稣.....

Dear Jesus...

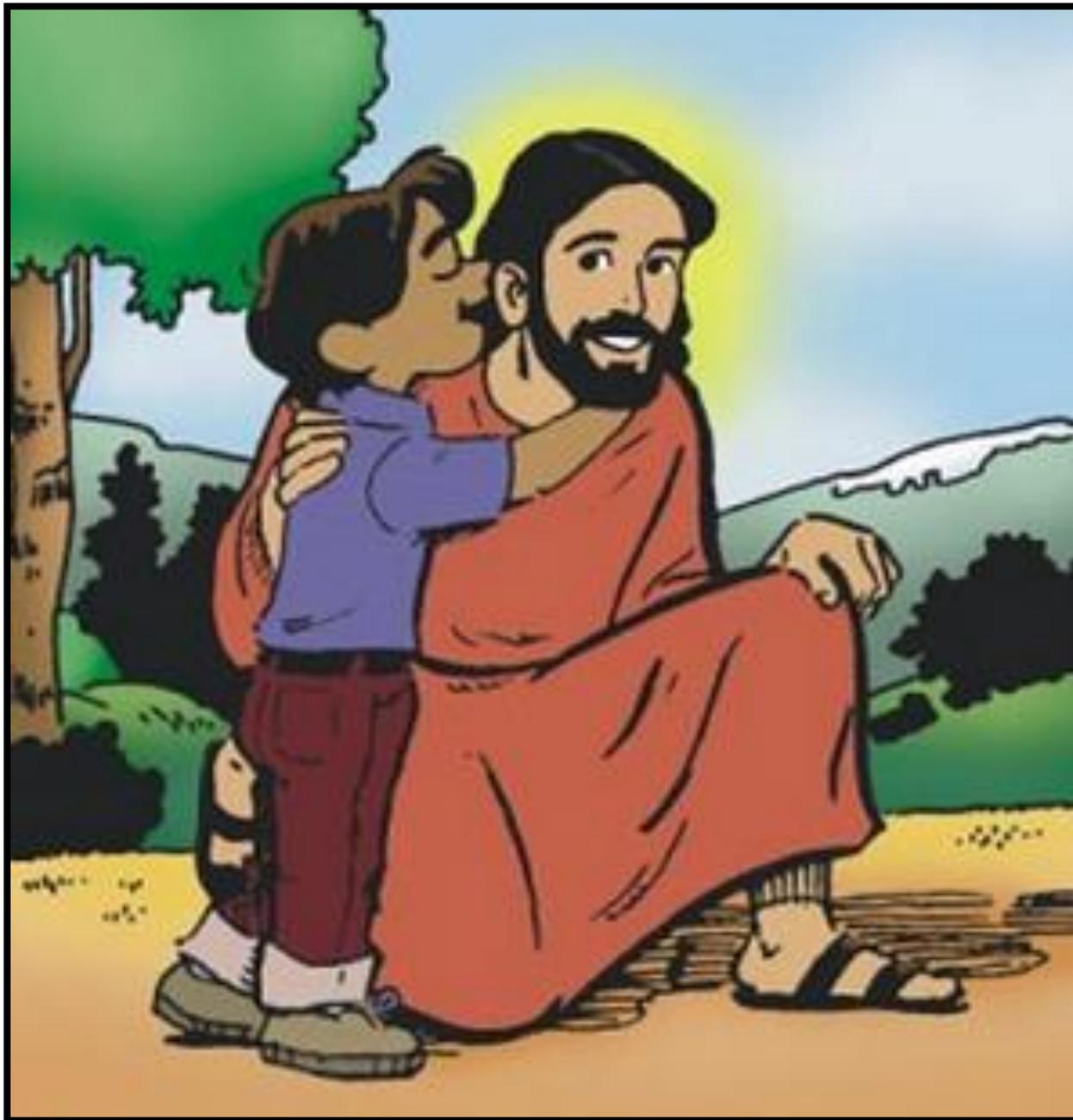


我在听

I'm listening

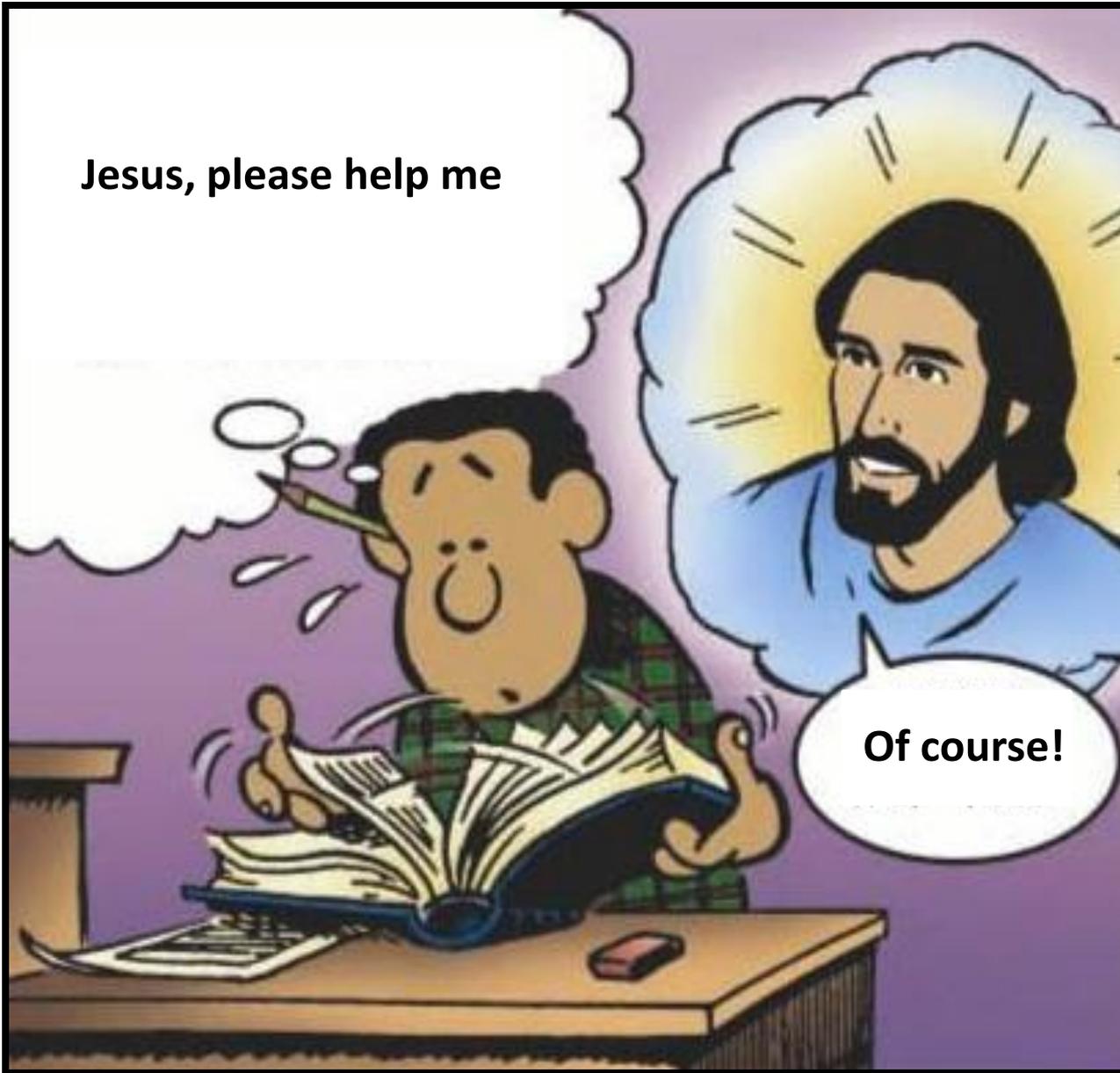
什么是
祷告？

*What is
Prayer?*



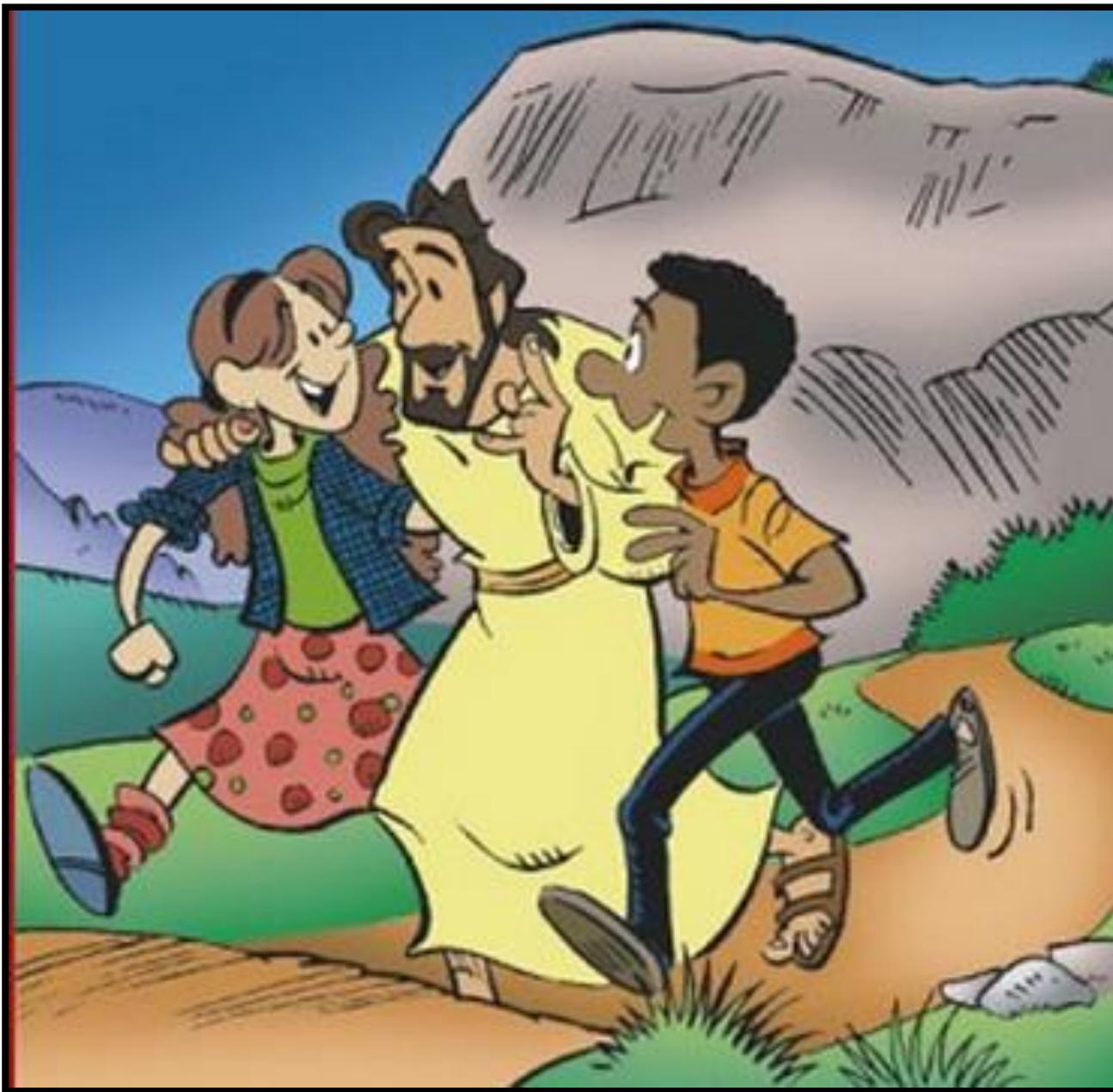
祷告其实就是和耶稣之间的交流，就像你跟好朋友谈话一样。

Prayer is simply communicating with Jesus, just like you would talk to a good friend.



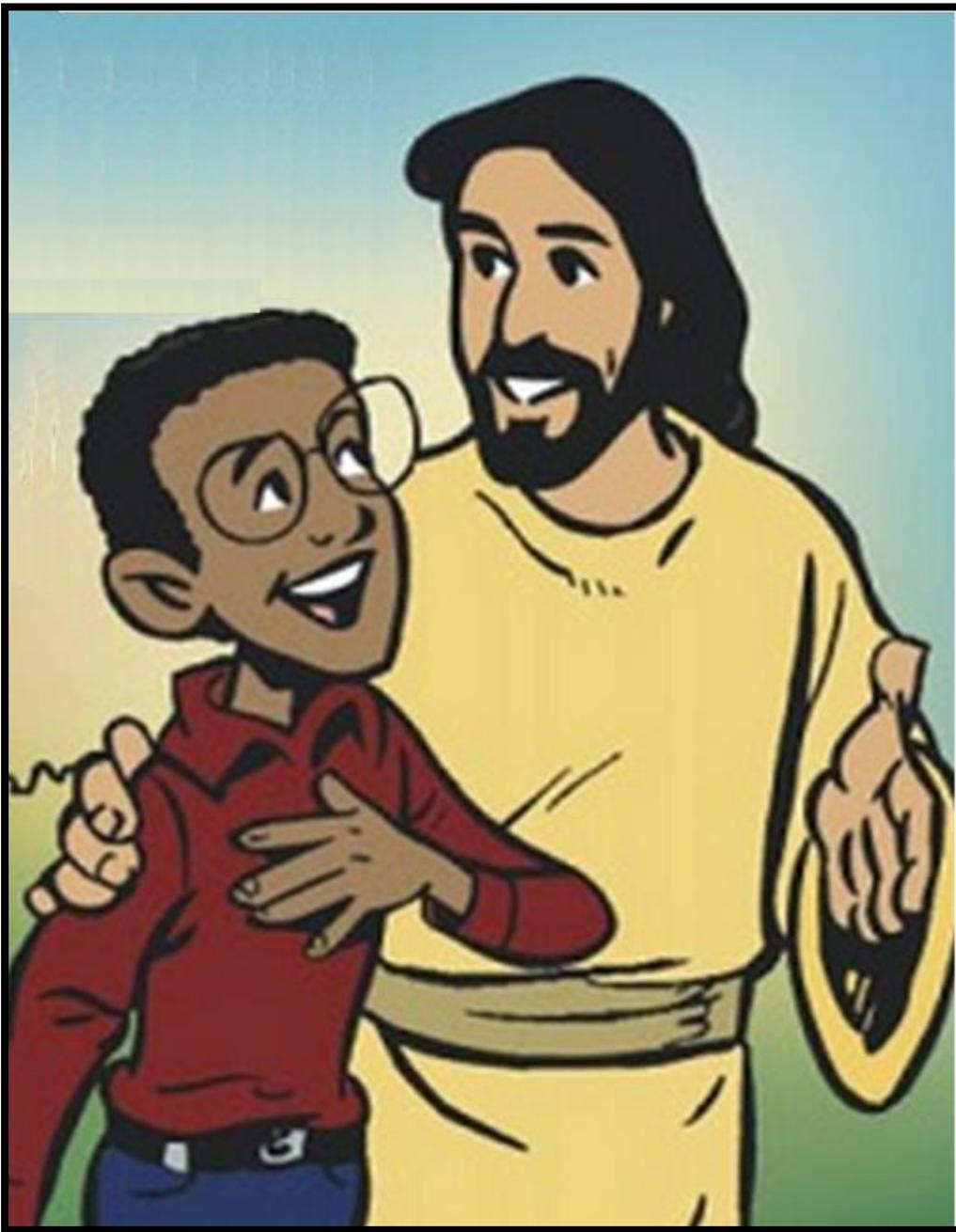
把你心里所想的告诉耶稣。他喜欢听你倾诉。他要么会解决你所面对的困难，要么赐给你力量，帮你度过这些难关。

Just tell Jesus what's on your mind. He loves to listen to you. He'll either solve the problems that you face, or give you the strength to make it through them.



你不必遵循任何程序，他总是可以听见你。祷告是否有效并不取决于你身在何处，而是取决于你心在何处。

You don't have to follow any routine for Him to hear you. Prayer doesn't depend on the position of your body, but the position of your heart.



耶稣来，是要使我们获得永生，并终生陪伴我们。你可以将耶稣想象成一位忠实的伙伴，时常在你左右，给你忠告和安慰。

Jesus came to save us for eternity, and He also came to be our companion through life. You can picture Jesus as a constant Companion Who is always beside you and to Whom you can go for counsel and comfort.