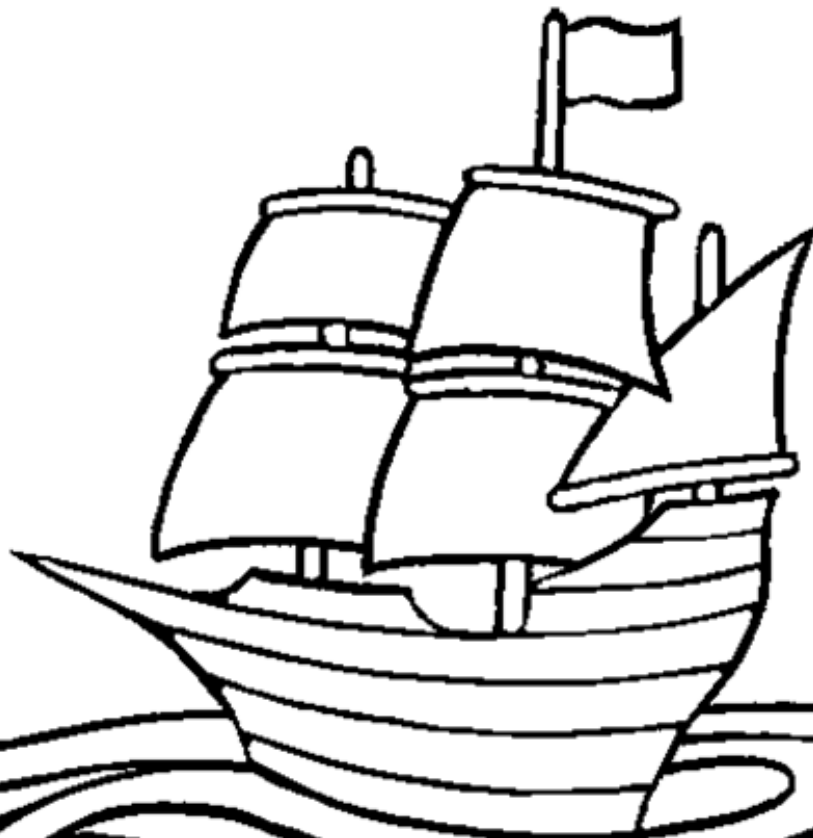


# 第一个感恩节

## *The First Thanksgiving*



在1620年,有一批英国人,搭了五月花船移民到美国。

In 1620, a group of English pilgrims came to the United States on the Mayflower ship.



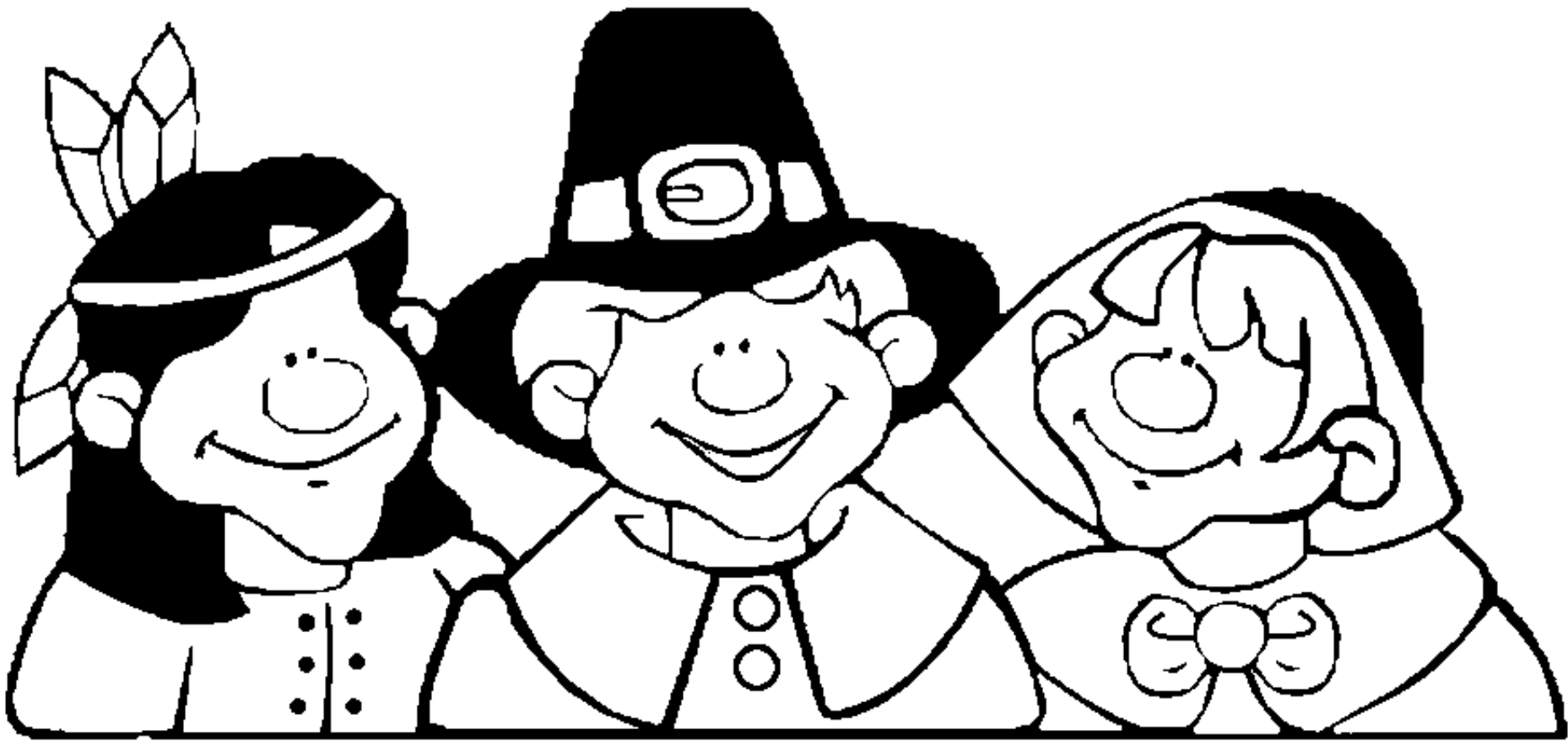
因为在寒冷的冬天里,食物不够,很多人都病倒了。

Because it was winter, there was not enough food and many of the Pilgrims got very sick.



但是在印地安人的帮助下，他们才学会了如何种玉米、豌豆和南瓜，还有捕鱼及打猎的技巧。

The Indians helped the pilgrims and taught them how to grow corn, peas and pumpkins. They also taught the Pilgrims how to fish and hunt.



为了要感谢上帝和印地安人，新移民在秋天作物成熟后，就邀请印地安人一起来庆祝他们的大丰收！

In order to thank God and the Indians, the pilgrims invited the Indians to celebrate when the fall crops were ripe and had been harvested.



感恩节是为感谢上帝和印第安人而创立的。传统的感恩节大餐有烤火鸡，南瓜派，甜山芋、玉蜀黍、红莓果酱、自己烘烤的面包及各种蔬菜和水果等！好好吃啊！

Thanksgiving was founded to thank God and Indians. The traditional thanksgiving meal includes roast turkey, pumpkin pie, sweet potato, corn, cranberry sauce, homemade bread and a variety of fruits and vegetables. Yummy!

Story: [www.freekidstories.org](http://www.freekidstories.org)

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