

“天使之粮”——简易食谱

Angel Food Recipe



拿一杯仁慈，

Take a cup of kindness,

用爱与它好好
搅匀，

Mix it well with love





并加进许多耐心
和对上面的上帝
所有的信心，

Add a lot of patience
and faith in God above,

再洒上非常大
量的喜乐、感
谢和欢畅，

Sprinkle very
generously with joy
and thanks and cheer



然后你将有許多“天使之糧”可讓你整年歡享！

And you'll have lots of "angel food" to feast on all the year!



Cup – 杯

Kindness – 仁慈

Mix – 搅匀

Love – 爱

Patience – 耐心

Faith – 信心

Sprinkle – 洒上

Joy – 喜乐

Thanks – 感谢

Cheer – 欢畅