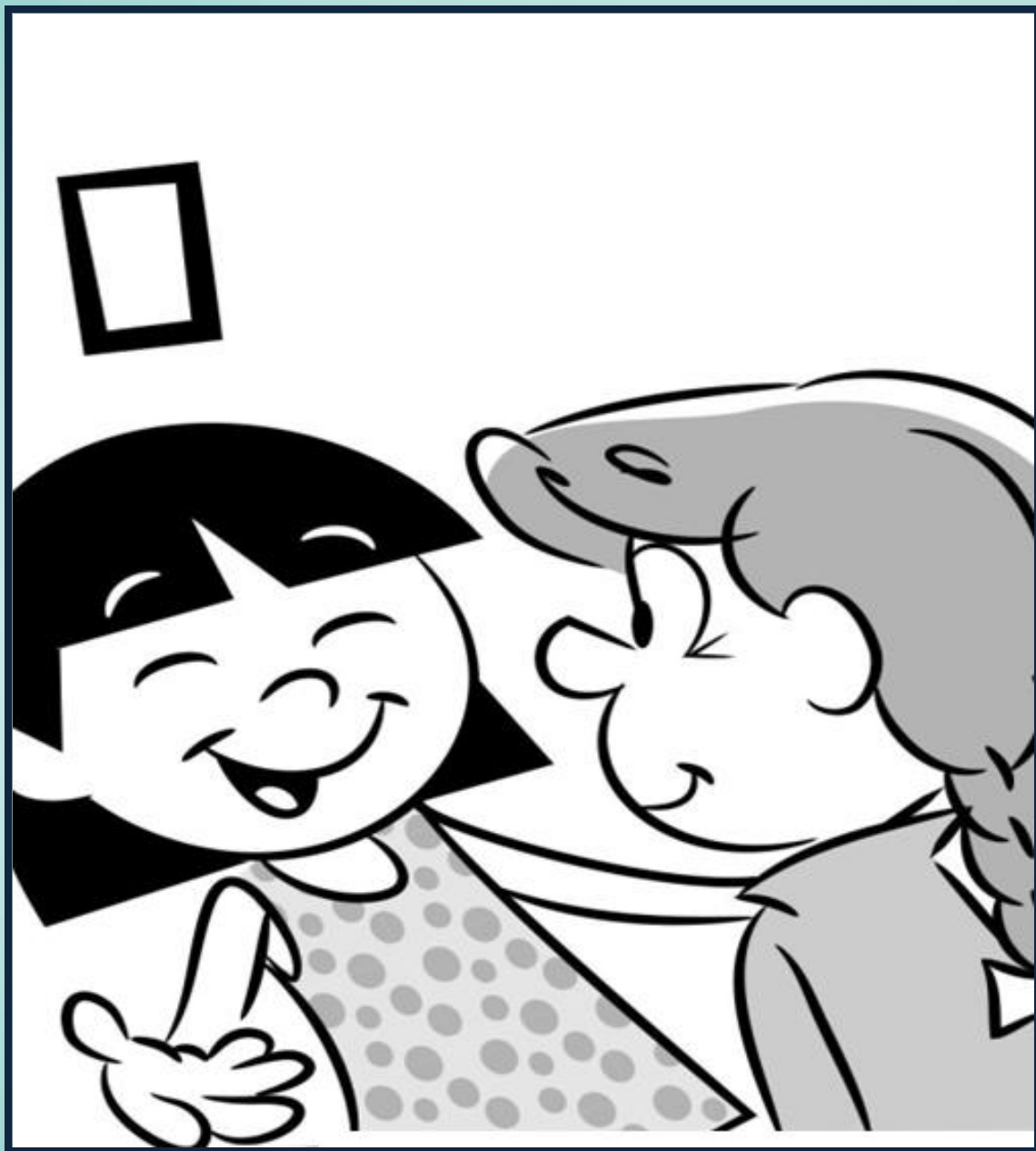


# Choose

# 选择



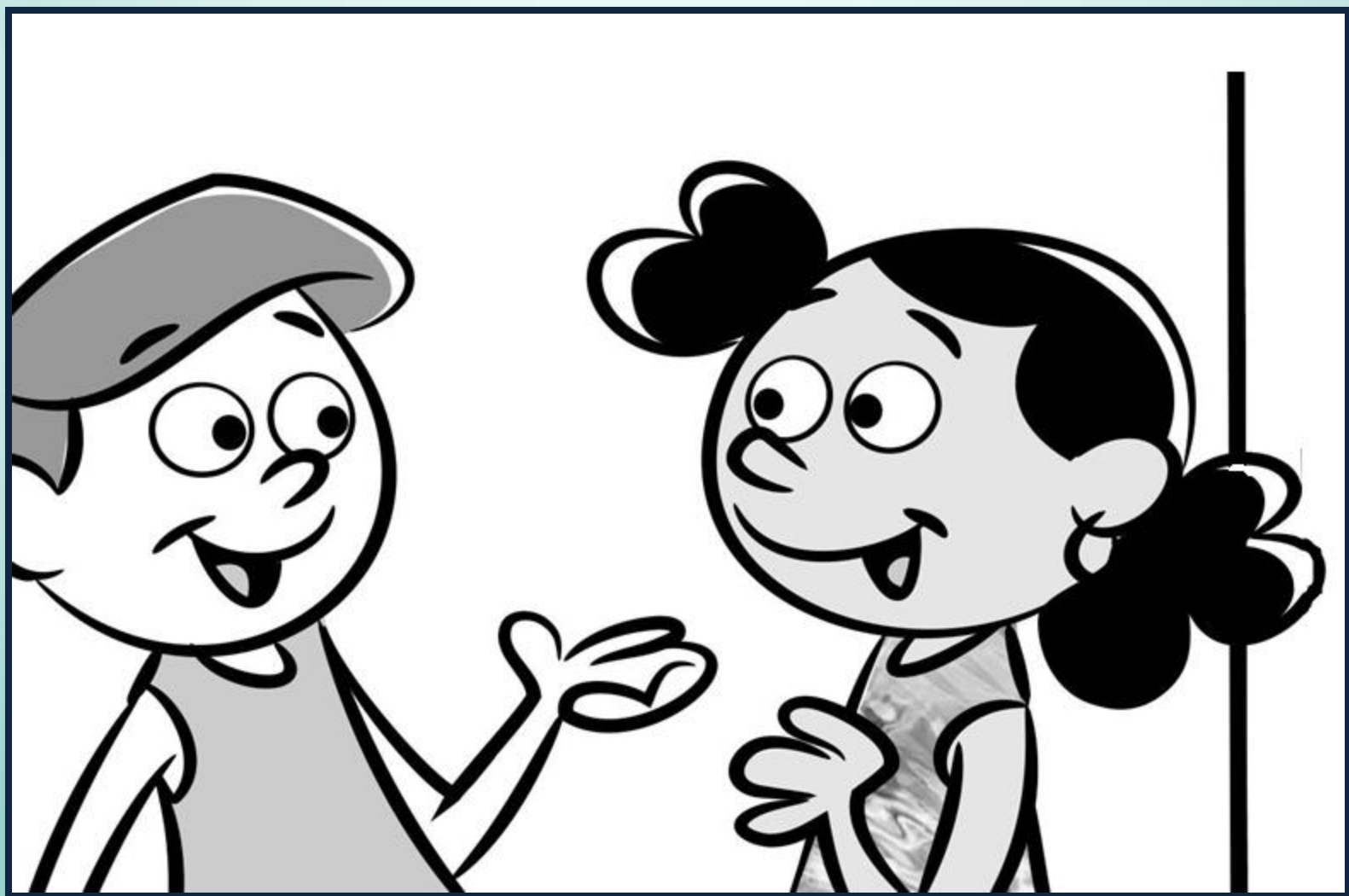


**Choose  
to love,  
rather than  
hate.**

选择爱，而非  
恨。

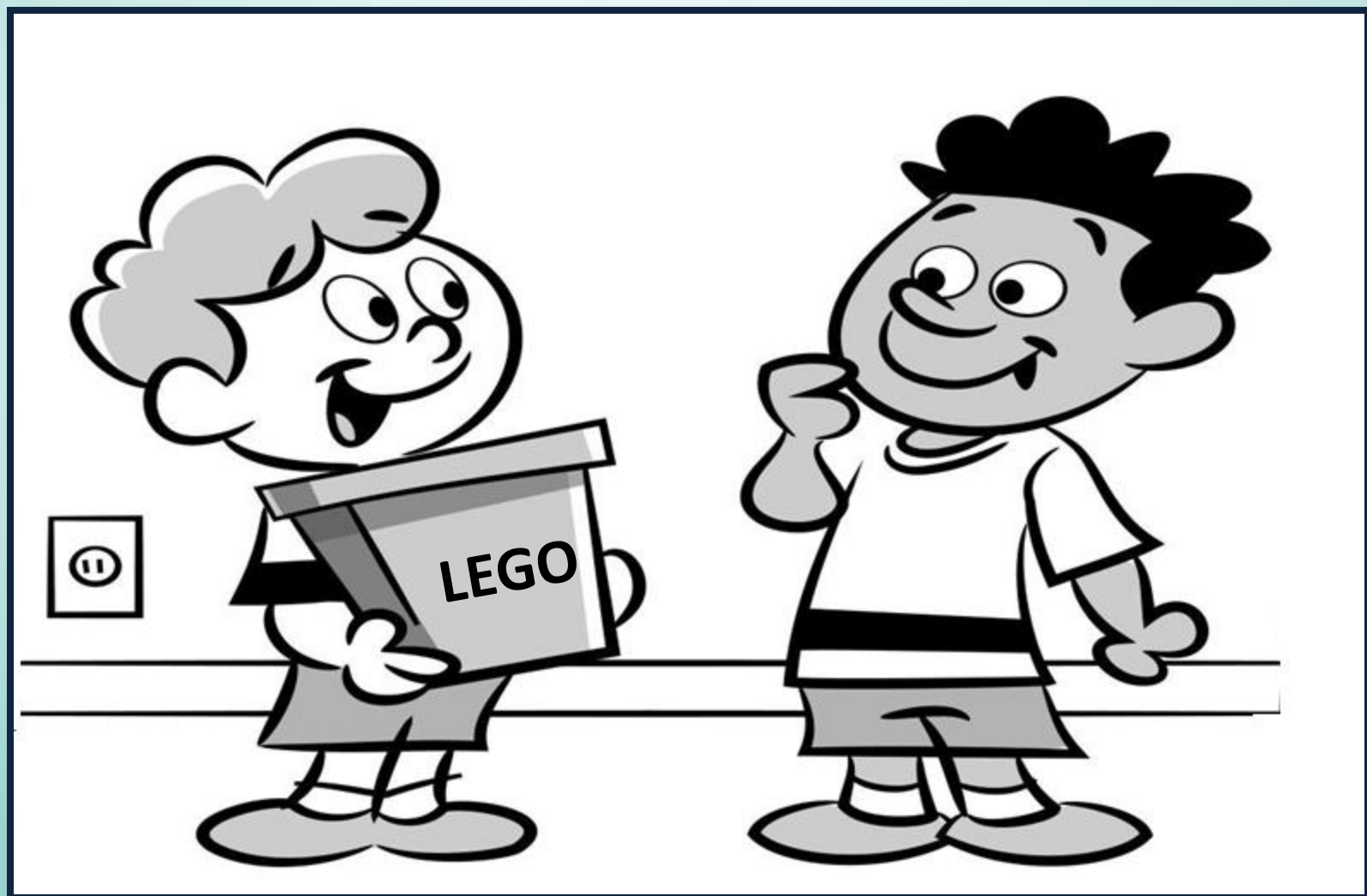
**Choose to smile, rather than frown.**

选择微笑，而非皱眉。



**Choose to build, rather than destroy.**

选择建造，而非拆毁。





**Choose  
to persevere,  
rather than  
quit.**

选择坚持，而  
非放弃。



**Choose  
to praise,  
rather than  
gossip.**

选择赞美，  
而非闲话。

**Choose to heal, rather than wound.**

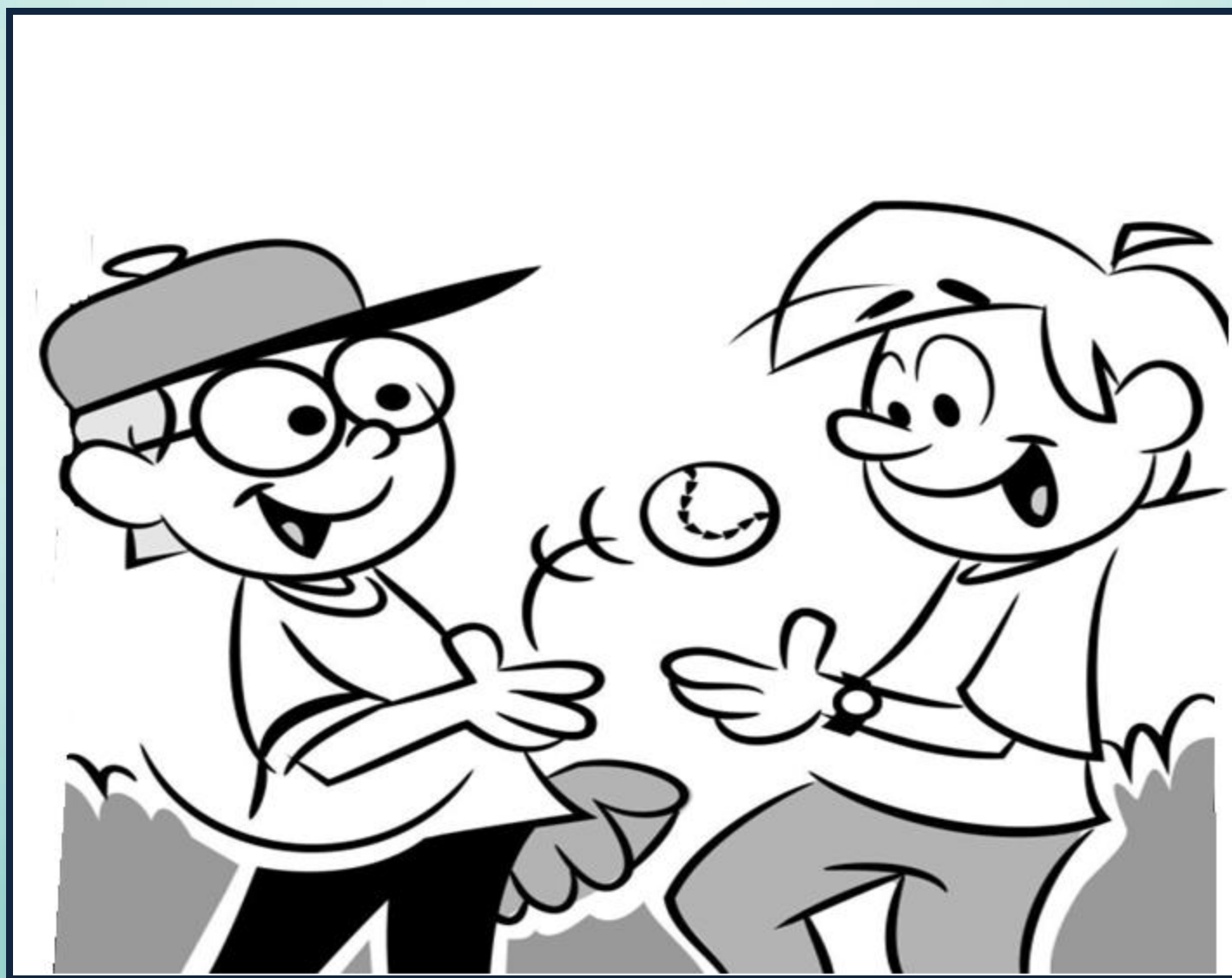
选择医治，而非伤害。



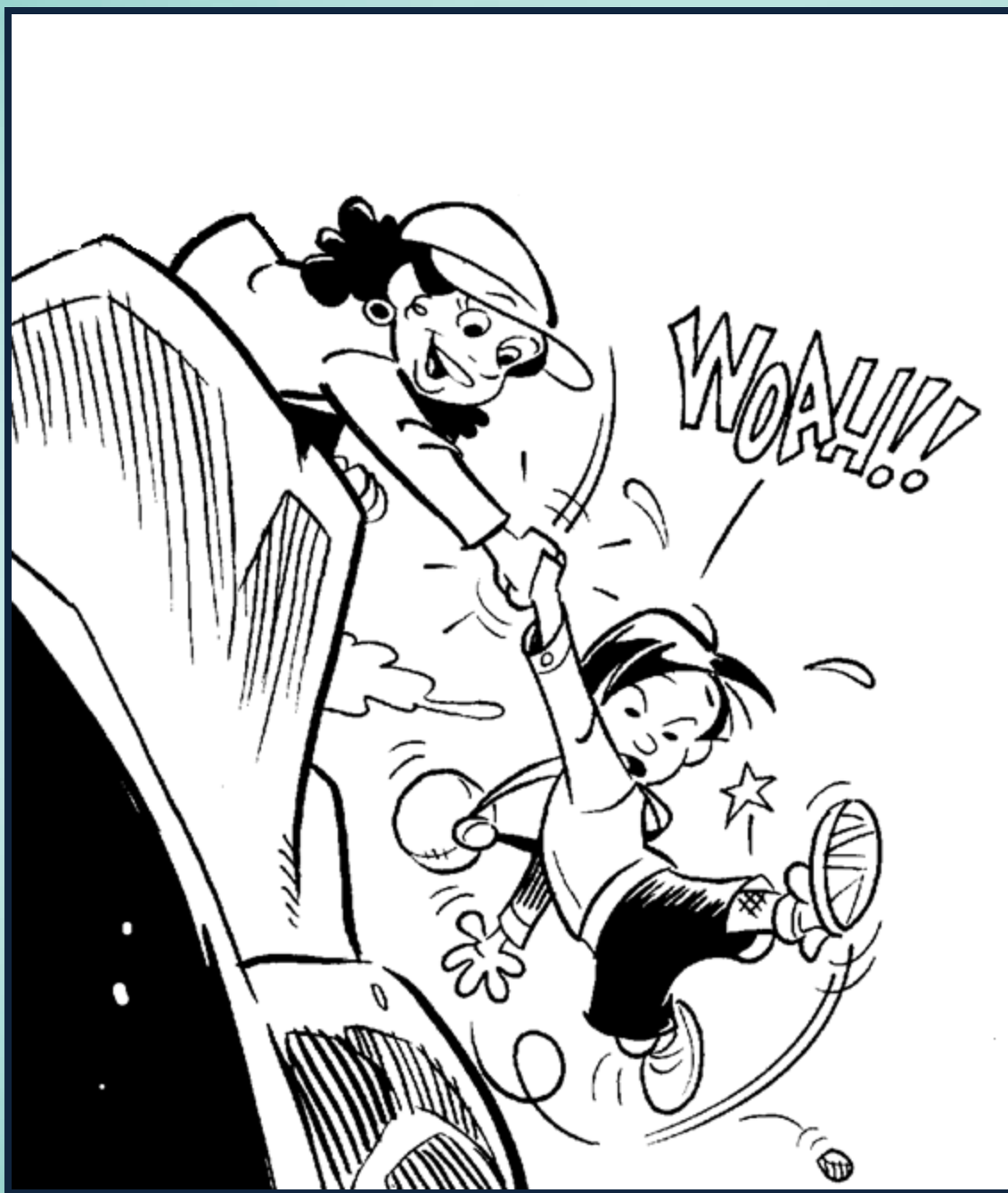


**Choose to give, rather than grasp.**

选择给予，而非攫取。





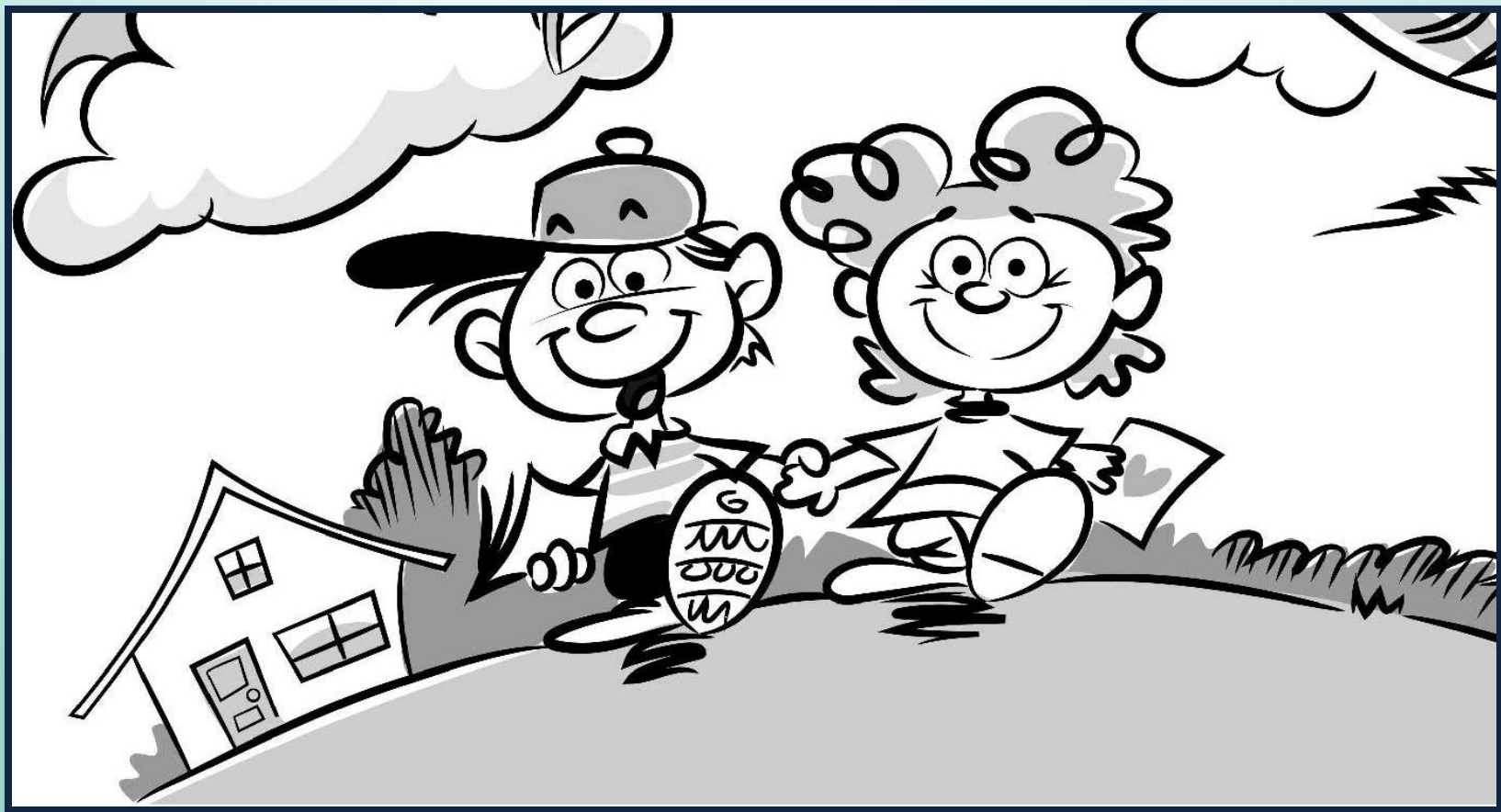


**Choose  
to act,  
rather  
than delay.**

选择行动，  
而非拖延。

**Choose to forgive, rather than curse.**

选择饶恕，而非诅咒。



**Choose to pray, rather than despair.**

选择祷告，而非绝望。

