

# Giving Thanks

## 赞美上帝

"Let everything that breathes praise the Lord." (Psalm 150:6)

Are you breathing? Then that includes you.

“凡有气息的都要赞美耶和华。”（诗篇 150:6）

你有气息、你在呼吸吗？那么赞美的人也包括你在内。



The Bible tells us that all of creation praises God, and that it's because He deserves to be praised.

圣经上说，一切造物都赞美上帝。它还说，这是因为他本该受到赞美。



Praise the Lord anywhere. Right where you are will do just fine. Pray, sing, shout, even jump for joy—whatever you feel like doing to express gratitude.

任何地方都可赞美上帝。你现在所在之地就行。祷告、歌唱、呼喊，甚至欢喜跳跃，无论你想用什么方式来表达感激之心都行。

Praise God for His grace.

赞美上帝的恩典。





Praise Him for His goodness.

赞美上帝的美善。



Praise Him for His kindness.

赞美上帝的慈爱。



Praise Him for salvation.

赞美上帝的救恩。

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