

Hearing from God

聆聽上帝的聲音



God wants to speak to you. He knows that you have questions and problems, and He wants to give you the answers and solutions. Most of all, He wants you to know how much He loves you.

上帝希望能與你直接溝通。祂知道你生命中必須面對各種問題和困難，而祂想要給你答案和解決方法。最重要的是，祂很想讓你知道祂是多麼地愛你。

Start by finding a quiet place and taking a few minutes to talk to the Lord. Tell Him what's on your heart. Thank Him for His blessings in your life.

首先，找一個安靜的地方，花幾分鐘時間和上主交談，告訴祂你的心思。感謝祂所給予你的一切福分。





If you have a specific question you'd like to ask Jesus, go ahead. Then be still and focus your mind on the Lord.

如果你想問耶穌某個特別問題的話，就儘管說吧。然後就靜下心來，集中所有的注意力在祂身上。



When we quiet our busy minds and take time to listen, God can speak directly to our hearts.

當我們把忙碌的心思意念靜下來、花時間傾聽上帝時，祂可以直接對我們的心說話。

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