

Hearing from God

聆听上帝的声音



God wants to speak to you. He knows that you have questions and problems, and He wants to give you the answers and solutions. Most of all, He wants you to know how much He loves you.

上帝希望能与你进行直接的交流。他知道：在你的生活中充满了各种问题和困难，因此他很想把你所需要的答案和解决方法赐给你。最重要的是，他很想让你知道：他是多么地爱你本人。

Start by finding a quiet place and taking a few minutes to talk to the Lord. Tell Him what's on your heart. Thank Him for His blessings in your life.

首先，你要寻找一个安静的地方，然后与上主进行几分钟的交谈，向他诉说一下你心中的意念，并感谢他在你的生命中所给予你的一切福分！





If you have a specific question you'd like to ask Jesus, go ahead. Then be still and focus your mind on the Lord.

如果你想向耶稣做某种特别请求的话，那么你就尽管开口好了。在那之后，你应该静下心来，把自己所有的注意力都集中在上主的身上。



When we quiet our busy minds and take time to listen, God can speak directly to our hearts.

当我们静止忙碌的心思、花时间倾听上帝时，他能直接对我们的心说话。

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