

A Little Children's Book About Smiles

小儿童的书：微笑





A merry heart makes a cheerful countenance.

心中喜乐，面带笑容。



The world is like a mirror:
Frown at it, and it frowns at you;
smile at it and it smiles too.

世界像面镜子：你朝它皱眉头，它也朝你皱眉头；你向它微笑，它也向你笑。



Most smiles are started by another smile.

大部分的微笑是由另一个微笑开始的。



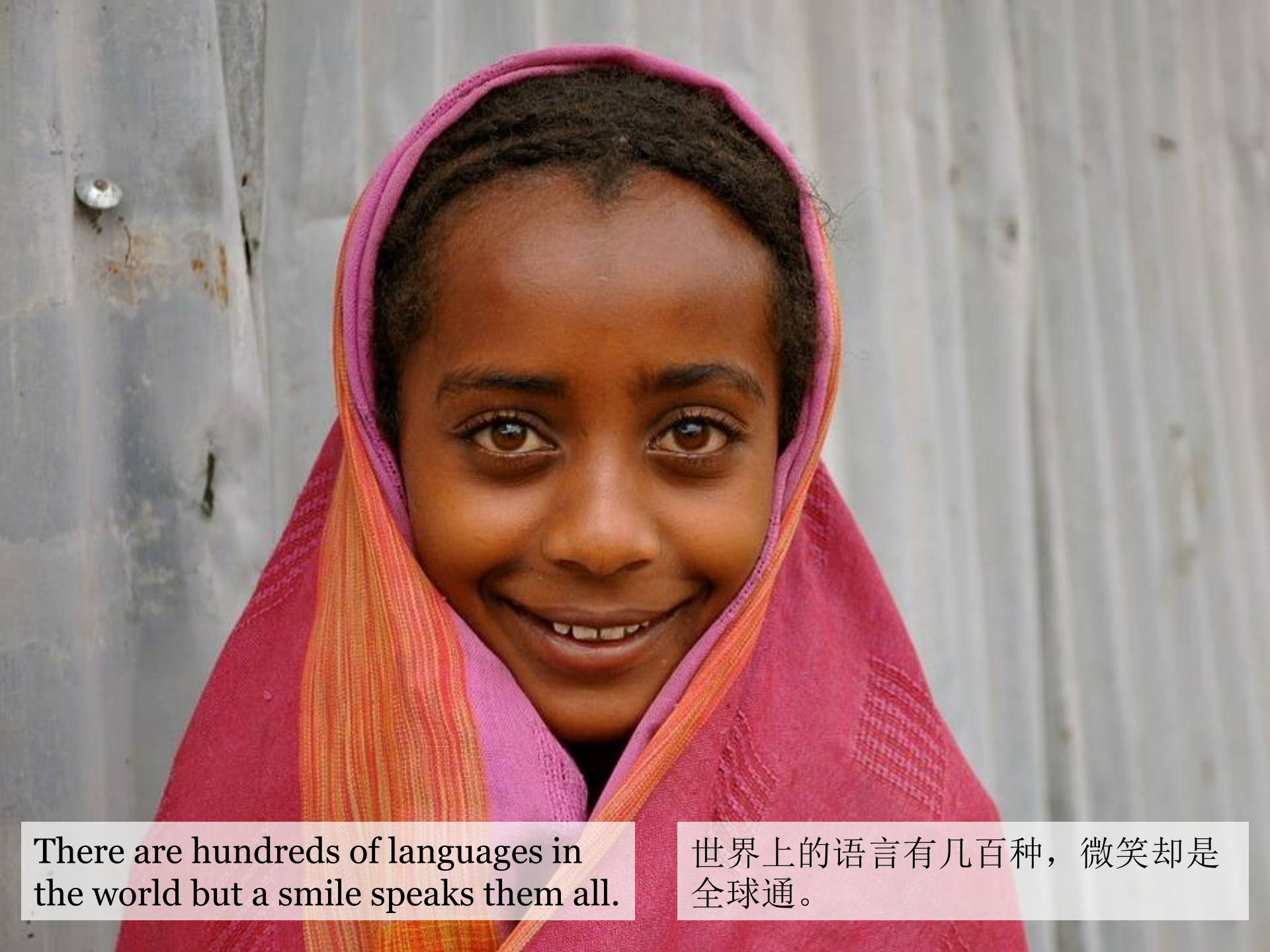
A smile is the lighting system of the face
and the heating system of the heart.

微笑是脸的照明系统，心的供暖系统。



You'll find that life is still worthwhile,
if you just smile.

你会发现生活还是值得过的，如果
你微笑的话。



There are hundreds of languages in the world but a smile speaks them all.

世界上的语言有几百种，微笑却是全球通。

I open my eyes again and sit up. A ray of golden sunlight is streaming through the window and over the foot of my bed. I wiggle my toes in its glow and smile. It's a new day, and I'm going to rejoice and be glad in it!

我重新睁开眼睛，坐起身。金色的阳光从窗子倾泻进来，照在我的床脚上。我在阳光中动了动脚趾头，笑了。这是新的一天，我要在其中欢喜快乐！



Smiling even when you don't feel like it has a positive effect on your spirit. Keep it up, and you will soon be seeing the world in a brighter light.

即使你不想要，还是微笑吧。这么做会对你的灵产生积极的影响。继续微笑吧，不久你就会以更光明的角度来看世界了。



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