



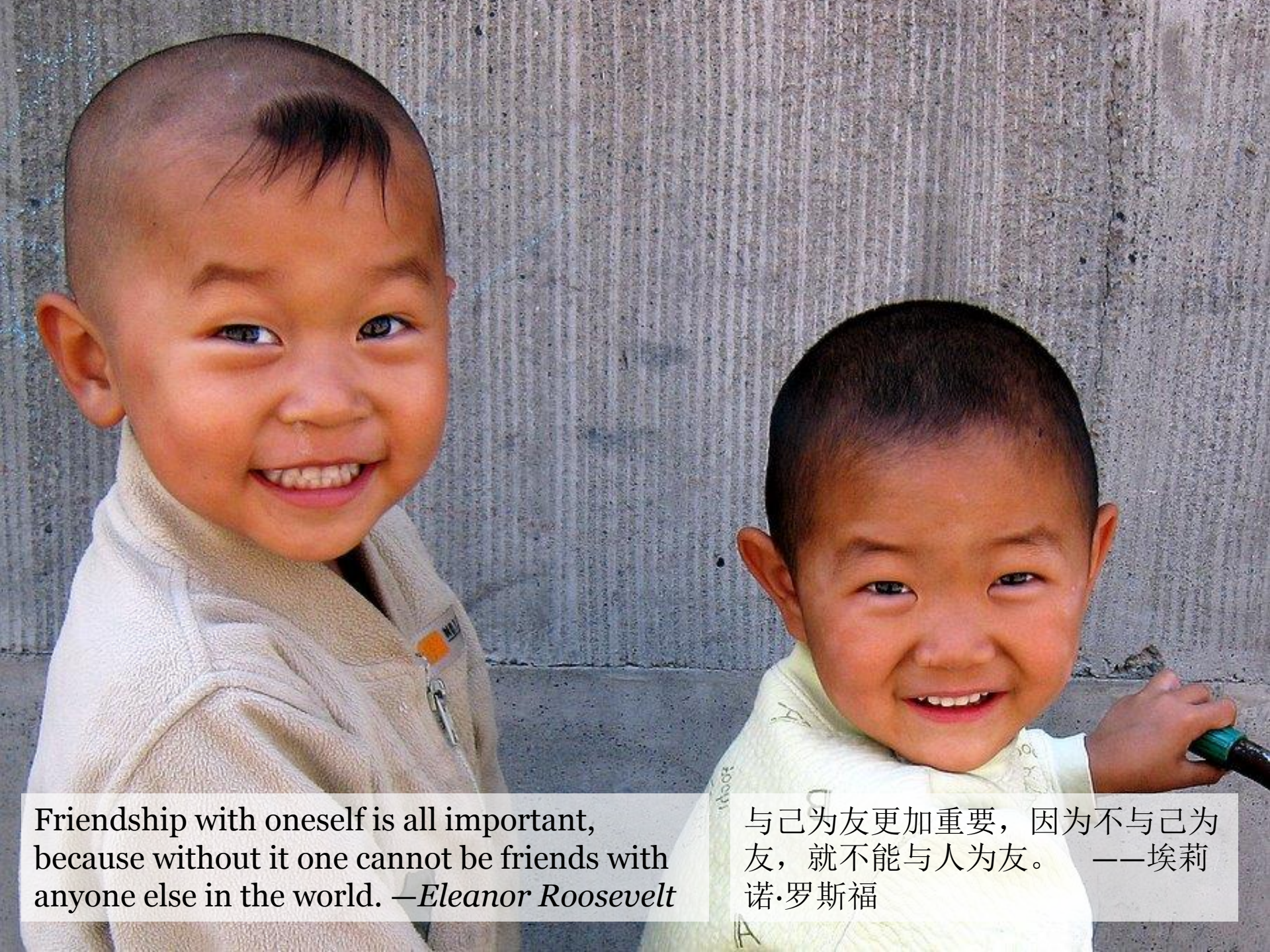
A Little Children's Book about Self Esteem

小儿童的书：自尊



Each person is a V.S.P. (Very Special Person) because we are each created in the image of God. —*Desmond Tutu*

每个人都是特别的，因为我们都是按照上帝的形象造的。——德斯蒙德·图图



Friendship with oneself is all important, because without it one cannot be friends with anyone else in the world. —*Eleanor Roosevelt*

与己为友更加重要，因为不与己为友，就不能与人为友。 ——埃莉诺·罗斯福



If God had wanted me otherwise, He would have created me otherwise.

—*Johann Wolfgang von Goethe*

如果上帝想要一个不同的我，那他早就把我造得与现在不同了。

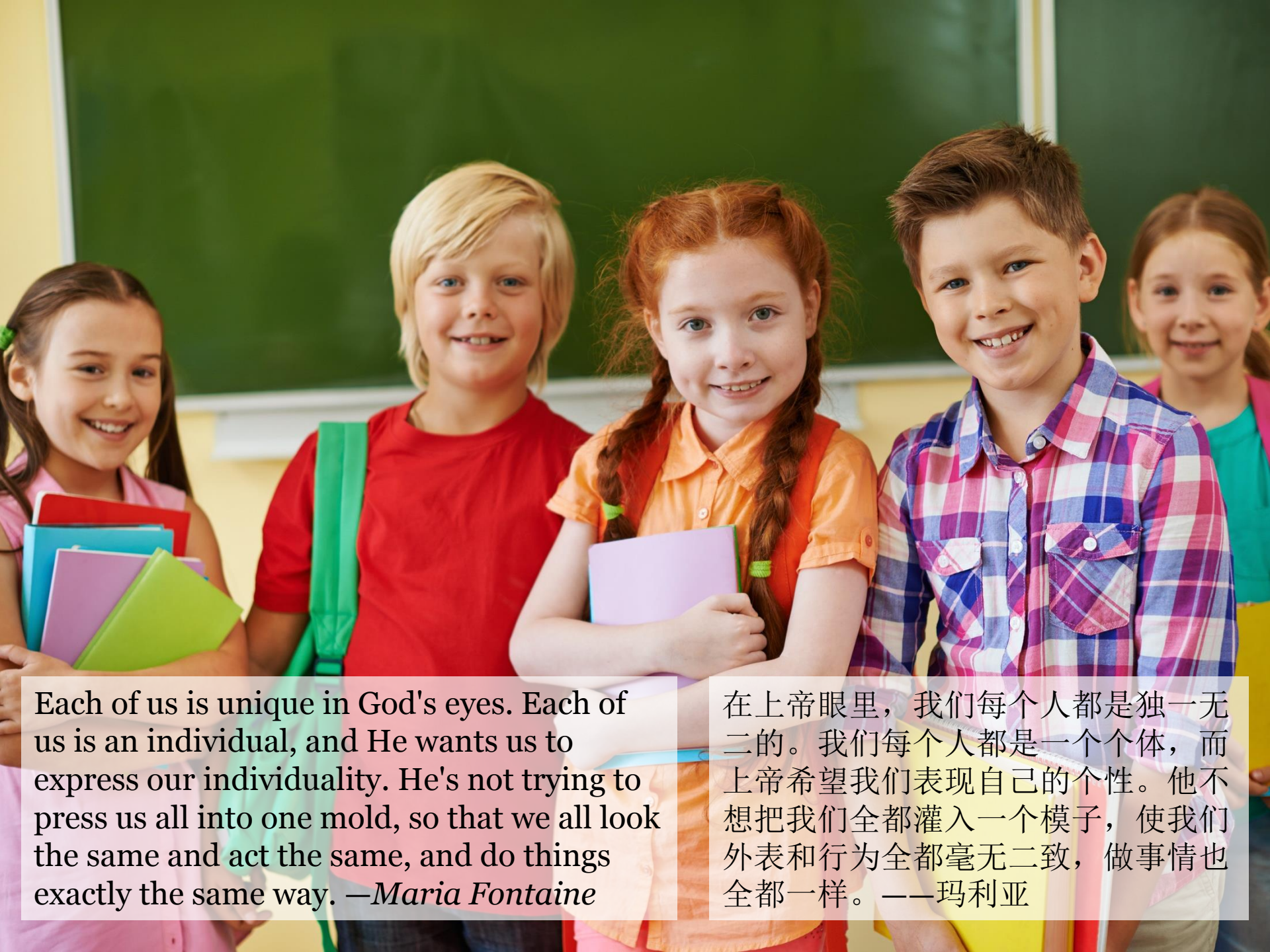
——歌德

Do not wish to be anything but what
you are, and try to be that perfectly.

—*Saint Francis DeSales*

不要希望成为你所不是的人，尽量去做
一个完完全全的你。——圣弗朗西斯·丹
尼士





Each of us is unique in God's eyes. Each of us is an individual, and He wants us to express our individuality. He's not trying to press us all into one mold, so that we all look the same and act the same, and do things exactly the same way. —*Maria Fontaine*

在上帝眼里，我们每个人都是独一无二的。我们每个人都是一个个体，而上帝希望我们表现自己的个性。他不想把我们全都灌入一个模子，使我们外表和行为全都毫无二致，做事情也全都一样。——玛利亚



Just imagine a world full of people who truly believe that anything is possible and reach out to claim it. Together we could do astounding things. Together we could work miracles. – Peter Story

假如世界充满了这样的人，他们真正相信任何事情都是可能的，并尽力去实现它，想像一下，那将是怎样一个世界。让我们一起做伟大的事情。让我们一起创造奇迹。



Always be a first-rate version of yourself instead of a second-rate version of someone else.—*Judy Garland*

永远做个一流的你，而不是个二流的别人。
——朱迪·加兰



You are unique. There has never been a person like you, nor will there ever be another just like you. – Jesus, speaking in prophecy

你是独一无二的。从前没有任何人像你，将来也不会有任何人像你。——耶稣



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