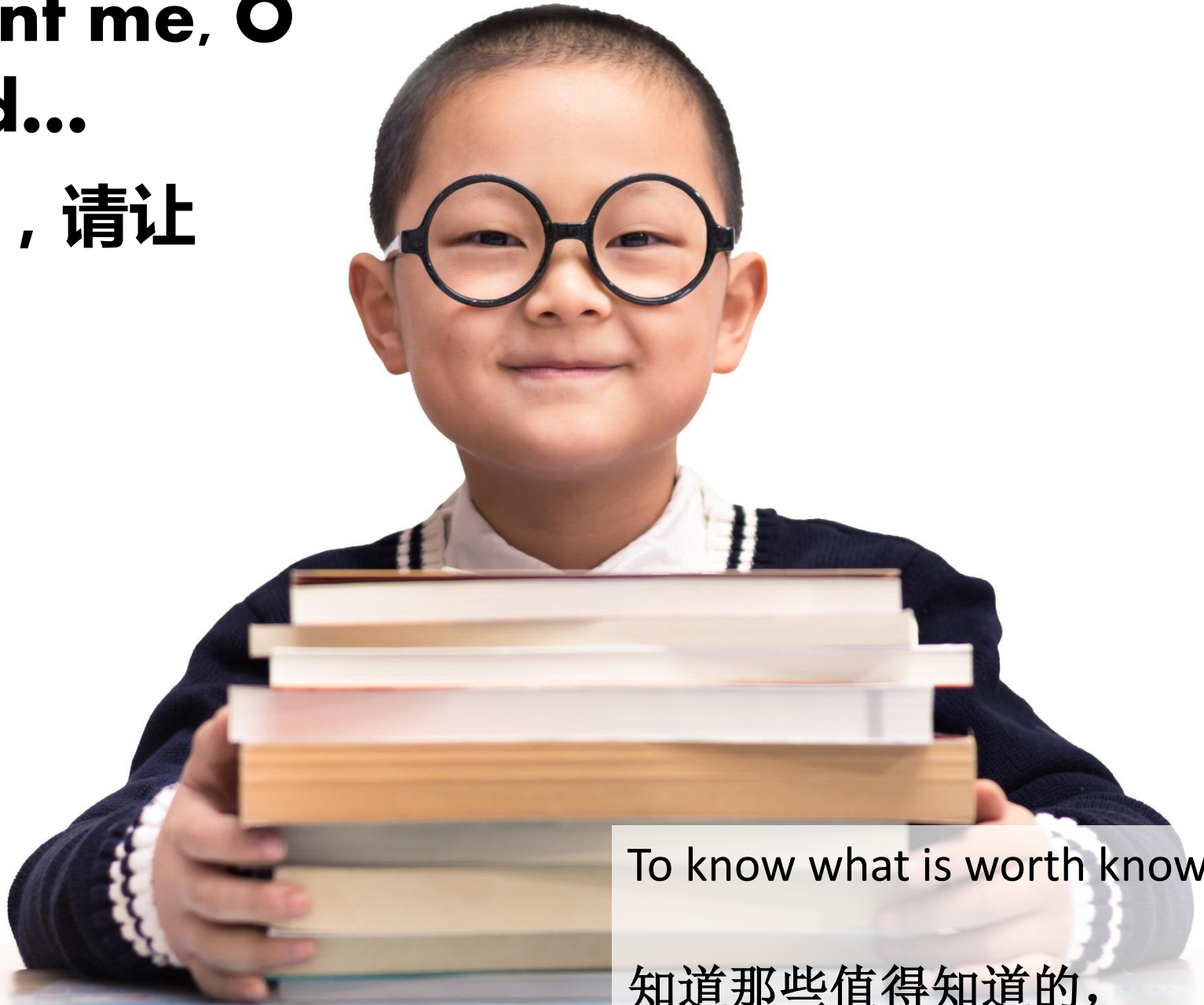


**Grant me, O  
Lord...**

**主啊，请让  
我...**



To know what is worth knowing,

知道那些值得知道的，

To love what is worth loving,  
爱那值得爱的，





To praise what delights you most,

赞美你最喜悦的，








To value what is precious in  
your sight.

看重你眼里宝贵的。



Do not let me  
judge by what I  
see,

不要让我因所见  
而论断，



Nor pass sentence  
according to what I hear,

也勿因所闻的妄下定论，



But to judge rightly  
between things that  
differ,

能智慧地区分不同的  
事物，





And above all to  
search out and  
do what pleases  
you.

最重要的，寻求  
你所悦纳的事，  
并实践它。





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*Text by Thomas à Kempis (1380–1471).*

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